Vegetarian Menu

A well balanced Lacto-Ovo diet without meat, fish, and poultry.

**Breakfast:**
- Organic Oatmeal*
- Cream of Wheat*
- Plain Juk* (w/ optional green onions*)
- Organic Corn Flakes
- Organic Multigrain w/ Raisins*
- Organic Cocoa Koala Crisps*
- Scrambled Eggs
- Scrambled Eggs w/ Cheese
- Breakfast Sandwich
- Hard Boiled Egg (served chilled)
- Classic Pancakes
- Chocolate Chip Pancakes
- Hashbrown triangle*
- Impossible Sausage*
- Flour Tortilla*
- Strawberry, Vanilla, or Plain Yogurt

**Snacks:**
- Cut Apples*
- Cut Honeydew Melon*
- Organic Banana*
- Pineapple*
- Seasonal fruit* (ask for current selection)
- Organic Applesauce*
- Pureed Peaches*
- Pureed Pears*
- Snack Vegetable Box* (optional w/ Ranch)
- Annie’s Bunny Crackers: Cheddar, Chocolate Chip
- Pretzels*
- Multigrain Chips*
- Popcorn*
- Graham Crackers
- Dry Roasted Almonds*
- Raisins*

**Dessert:**
- Chocolate Chip Cookie
- Vanilla Cream Puffs
- Chocolate / Diet Vanilla Pudding
- Orange / Diet Tropical Jello*
- Chocolate/Vanilla Ice Cream
- Milkshakes: Berry Banana*, Chocolate, Vanilla

*Signifies Vegan Item
Entrees (Avail after 11AM):
Macaroni and Cheese
Tofu Teriyaki*
Plain Cooked Tofu*
Cheese Quesadilla
Spaghetti w/
Marinara*
Grilled Cheese
Beyond Burger Patty* (buns are vegetarian, not vegan)
Field Fresh Salad*
Mozzarella Fresca Sandwich
Peanut Butter & Jelly Uncrustable

Side Orders:
White Rice*
Brown Rice*
Mashed Potatoes
Allergy Mashed Potatoes*
Pinto Beans*
Steamed Carrots*
Steamed Green Bean Blend*
Braised Greens*
Side Salad w/ Oil/Balsamic* or Ranch
White Roll
French fries*
Salsa*
Sour Cream
Cheese sauce

Soups: (vary daily)
Vegetable Broth*
Vegetarian Minestrone
Vegetarian Lentil*
Italian Ribollita*
Butternut Squash
Mushroom Barley*
Southwest Black Bean*
Cauliflower Leek

*Signifies Vegan Item