



Breakfast (Available all day)**

Pancakes with mixed fruit Plain omelet with potatoes French toast with syrup

Lunch and Dinner (Available all day)**

Roasted chicken with egg barley and carrots Beef meatloaf with potato pudding and carrots & peas Beef brisket with noodle pudding and green beans Eggplant parmesan with spaghetti and carrots & peas

Kosher meals are prepared in kosher kitchen and frozen. These meals are heated and sent in original container to preserve Kosher seal

Snacks

Banana Seasonal whole fruit Applesauce Avocado String cheese Pretzels Graham crackers Popcorn Chips Saltine crackers Raisins Orange or diet gel snack Greek yogurt - strawberry, vanilla, or plain Ice cream – vanilla or chocolate Annie's Bunny Crackers - cheddar or chocolate/graham **Beverages** Whole, lowfat, chocolate milk Lactose free milk Organic almond milk Soy milk Apple juice Orange juice Cranberry juice/Diet cranberry juice Prune juice Unsweetened iced tea Sparkling water Diet lemon lime soda Gingerale Hot black, green, chamomile tea Gatorade